

31 Days of Giving

Many of us around this time are starting to bake cookies for our family and friends. But don't forget about your pups! This sweet and simple recipe will fill your dog's tummy with good food and love!

Dog Treat Recipe: Sweet Potato Biscuits

- 3.5 oz container sweet potato baby food (or 100% puréed sweet potato)
- $\frac{3}{4}$ cup + 1 Tablespoon whole wheat flour
- $\frac{1}{4}$ cup rolled oats
- 1 Tablespoon honey
- 1 large egg, beaten

Instructions:

1. Preheat oven to 350°F. Line baking sheet with parchment paper and set aside.
2. In a medium bowl, combine sweet potato baby food, flour, rolled oats and honey. Use a sturdy spatula to combine everything together. Dump contents to a lightly floured working surface and knead dough together.
3. Pat or roll dough to a thickness of about $\frac{1}{4}$ to $\frac{1}{2}$ -inch. Use desired cookie cutters to punch out shapes. Stick to one or two similar sized shapes to ensure even baking.
4. Place cutouts on prepared baking sheet. Lightly brush the tops of cutouts with beaten egg wash.
5. Bake for 25-30 minutes until biscuits are crisp and golden in color. Rotate pan midway through baking. Let treats cool in pan before treating your dog.

